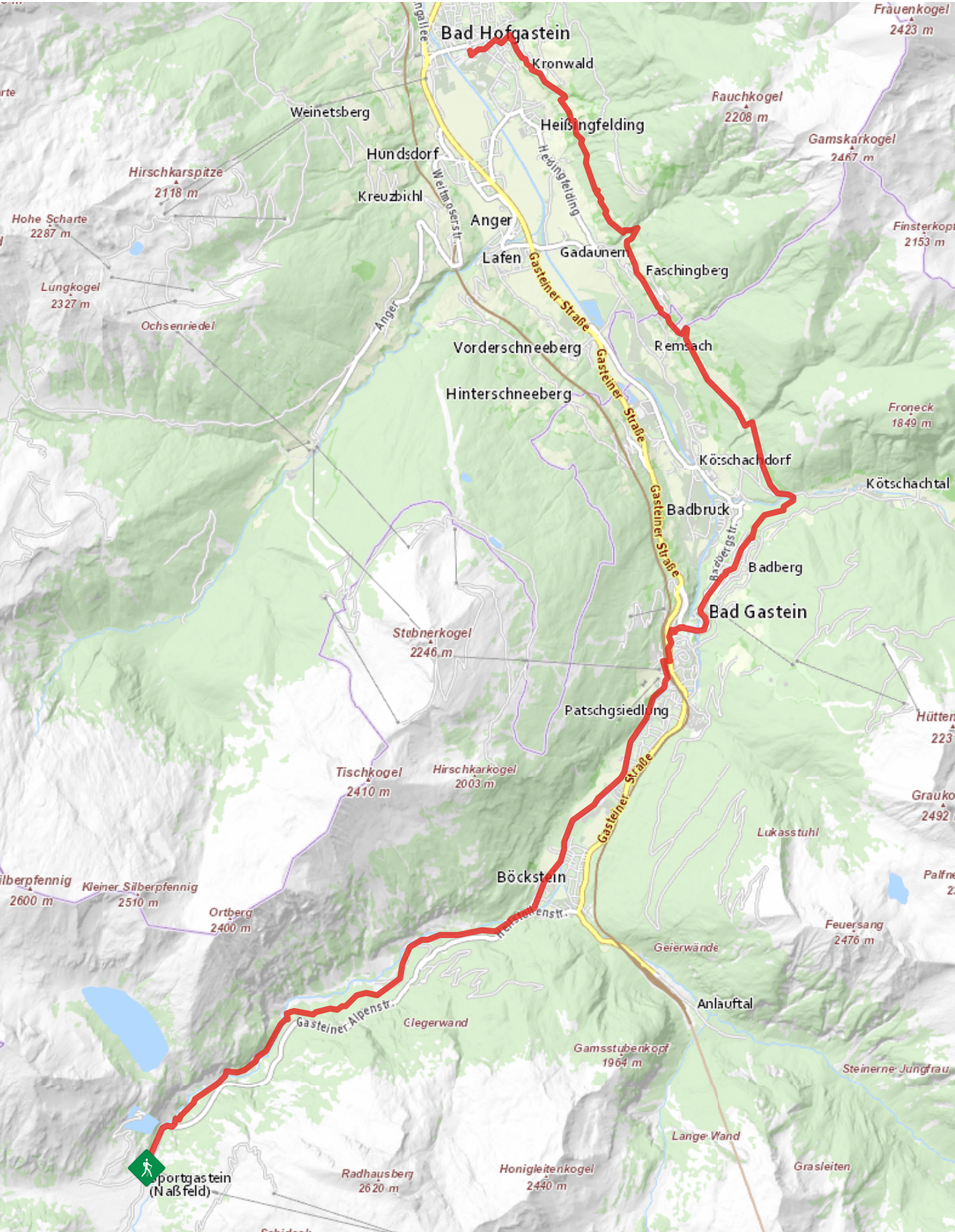


Gastein Trail - Etappe 6 (Sportgastein - Bad Hofgastein)

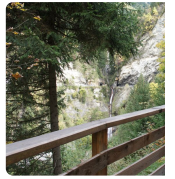
Gastein

Map & POIs



Gastein Trail - Etappe 6 (Sportgastein - Bad Hofgastein)

Gastein



Description

The starting point for the sixth and final stage is in the Hohe Tauern National Park – and in one sweeping glance, you will be able to look back and see the bottom of the valley with the many Alpine pastures. The last day of this hike is also the most easy-going. Continue along the river, pass the storage cavern and the Nassfeld power plant and on towards the Nassfeldstraße, once an important junction for traders and miners headed in the direction of Böckstein. The Bärenfall, Schleierfall and Kesselfall: Three raging spectacles of nature are situated alongside the trail. Impressive sights are the tunnels and avalanche galleries on the old road. Fresh mountain water rushes over a long bridge, stimulating both the body and soul of the hiker. The route continues along a path reflecting times long past. Countless relics reminiscent of the mining era and the First World War have left their traces. After crossing the Russen Brücke, a bridge erected in memory of the prisoners of war, continue along the trail until you reach one of the oldest huts in the Gasteinertal, the Astenalmen hut (managed). After a leisurely break, the trail passes the Gasteiner Heilstollen theme trail, a former smelting hut and the powder tower from Altböckstein. What could have in times past been turned into a city is today an architectural jewel: The planned city of Böckstein, the Montanmuseum, the Weltausstellungsbrunnen, as well as the Jagdschloss Czernin, are genuinely magnificent attractions that are well-worth visiting. Due to its elevated position, the pilgrimage church, Maria zum Guten Rat offers the last view of Böckstein before the Kaiserin Elisabeth-Promenade between U-shaped valleys, wild rivers with beautiful mountains as the backdrop. Stunning Belle-Époque houses, steep mountainside and majestic waterfalls, as well as the typical characteristics of the landscape epitomise the times when emperors and princes were lured to the region. The Gasteinertal became well-known for its healing waters and transformed into a popular summer retreat. You will pass the Elisabethquelle, one of largest thermal water supplies and the Dunstbad as well as the Preimskirche, before continuing to the Kaiser Wilhelm Promenade. From here there is a spectacular view of the vast countryside between Bad Gastein and Bad Hofgastein. Step by step, the Gasteiner Höhenweg hikers come closer to their final milestone. The rural landscape is dotted with rustic farms. One last highlight on this panoramic path is the Gadaunerer gorge with waterfalls and tunnels. Once you have arrived in Bad Hofgastein, you have reached your final goal on the Gastein Trail. The sophisticated, bustling town centre is a place to linger and take in the atmosphere and reflect on the past days. Today is the grand finale of the six-day hike. You can easily return to the starting point by taking Bus No. 550.

Information

Starting point

Wanderstartplatz Sportgastein

Route type

✓ Multiday hike

Best season

JAN	FEB	MRZ	APR	MAY
				✓
JUN	JUL	AUG	SEP	OCT
✓	✓	✓	✓	✓
NOV	DEC			
✓				

Height Chart

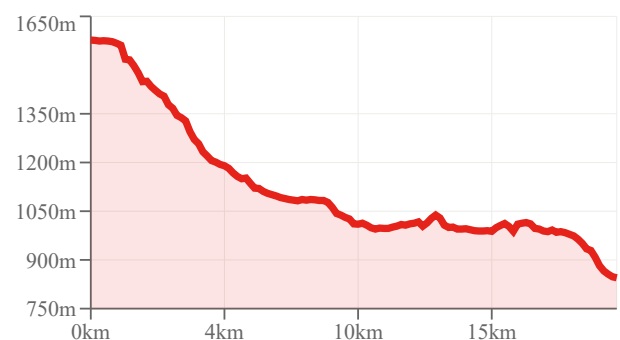
Difficulty level
 medium difficulty / red mountain path

Uphill ascent
 205 m

Descent
 935 m

Route length
 19.6 km

Walking time / total
 6:00 h



Short cuts



Digital Map